

## How to Organise a Beach Clean

If you're interested in organising a beach clean, please follow these simple steps:

- Decide where and when you want to clean your beach. The Marine Conservation Society website has a list of beaches in their adopt-a-beach project, but you can arrange to clean most beaches except privately owned ones.
- Contact your local council to let them know you are organising a beach clean – they will be able to provide you with litter pickers and bags. Make sure you know approximately how many litter pickers you require.
- Complete a very simple Risk Assessment form if you have other people coming along. We have a blank Risk Assessment which you can fill in to your requirements. This is provided for guidance only and needs to be adapted for your own use. Friends of the Forth are not responsible for any accidents or injuries that occur.
- Arrange collection for the rubbish. This can be done simply and easily through your council, who will be happy to pick up bags after your beach clean.
- If you need any help with any of the above, contact Friends of the Forth who will be more than happy to provide further advice and guidance.
- Sharps policies vary within local authorities. As a rule, if you encounter sharps do not pick them up or dispose of them in ordinary bags as they can cause injury. A sharps box may be available
- Please ensure you have adequate insurance for your group before undertaking a beach clean.

**If you believe any changes should be made to this list, please contact Friends of the Forth at [fotf@forthestuaryforum.co.uk](mailto:fotf@forthestuaryforum.co.uk).**

### Beach Clean Useful Contacts

Fife Council - [www.fife.gov.uk](http://www.fife.gov.uk)

Fife Coast and Countryside Trust – [www.fifecoastandcountryside.com](http://www.fifecoastandcountryside.com)

East Lothian Council - [www.eastlothian.gov.uk](http://www.eastlothian.gov.uk)

Edinburgh City Council - [www.edinburgh.gov.uk](http://www.edinburgh.gov.uk)

Falkirk Council - [www.falkirk.gov.uk/](http://www.falkirk.gov.uk/)

Marine Conservation Society - [www.mcsuk.org/](http://www.mcsuk.org/)

Keep Scotland Beautiful - [www.keepsotlandbeautiful.org/](http://www.keepsotlandbeautiful.org/)